



Finn R. Amble, MD, FACS, SC
Eastland Medical Plaza I
1505 Eastland Drive, Suite 220
Bloomington, IL 61701
Phone: 309-585-0370 • Fax: 309-663-2956

WOUND CARE INSTRUCTIONS-OPEN WOUND BIOPSY

After 24 hours

, remove the bandage and begin daily cleaning and dressing changes as follows:

- Remove the old bandage
- Clean the area with plain tap water
- Apply antibiotic ointment (Polysporin or Bacitracin)
- Cover the wound with a bandage

Repeat the above instructions **at least once daily** until the wound is healed. Complete healing may take up to 3-6 weeks.

- If you notice bleeding from the wound, apply firm continuous pressure for 20 minutes. If bleeding does not stop after applying pressure, call our office or go to the Emergency Department.
- Mild swelling and redness around the wound are normal. Discomfort is usually mild and easily controlled with Tylenol. If you observe a lot of swelling, redness, pain, fever or drainage, please call our office.

Daily Care:

There is an old wives tale that a wound heals better when left open to air. In fact a wound heals faster and with a better cosmetic result if kept clean and covered with ointment and a bandage.

- It is OK to get the wound wet. Leave the old bandage on the wound while bathing or showering. Afterwards, clean the wound and apply ointment and a clean bandage as described above. We recommend the use of Bacitracin or Polysporin ointment rather than Neosporin. A large number of people may develop an allergic reaction to Neosporin.
- If the wound is crusted or scabbed, it is OK to use hydrogen peroxide to clean it. In general, you should NOT use peroxide regularly as this may actually slow down healing.
- In case of emergency, if you are unable to contact our office, go to the Emergency Department.