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Post Operative Instructions for Myringoplasty

Purpose: Myringoplasty is an operation used to repair a hole in the eardrum. The goal of the surgery is to recreate an intact eardrum.

Procedure: Myringoplasty is an operation done in a hospital or outpatient surgicenter under general anesthesia. The operation takes approximately 30 minutes to perform. Incisions may be made in the back of the ear to obtain fat to help close the hole in the eardrum. After the procedure, patients go to the recovery room and typically go home the same day.

Avoid Aspirin containing products 10 days prior to the procedure and 2 weeks post operative. (this includes motrin, ibuprofen, Excedrin, advil, aleve). Tylenol is OK!

Diet: Normal diet may be resumed as tolerated. If you are nauseated, begin with liquids then advance.

Activities: Normal activities may be resumed once the effects of the anesthetic have worn off. The ear **MUST** be kept dry until post operative appt. You may use a cup to cover the ear when bathing or showering to prevent water from entering the ear.

Pain: Pain is uncommon after this procedure. If you do develop pain, Tylenol should sufficient for pain control.

Follow up: You will come for a post operative appt 3 weeks after your surgery.