



Finn R. Amble, MD, FACS, SC  
Eastland Medical Plaza I  
1505 Eastland Drive, Suite 220  
Bloomington, IL 61701  
Phone: 309-585-0370 • Fax: 309-663-2956

### **Kenalog (triamcinolone) intramuscular injection**

Kenalog intramuscular injection contains the active ingredient triamcinolone, which is a type of medicine known as a corticosteroid. Corticosteroids are hormones that are produced naturally by the adrenal glands. They have many important functions in the body, including the control of inflammatory responses. Corticosteroid medications are man-made derivatives of the natural hormones.

Triamcinolone is a synthetic steroid that has an anti-inflammatory effect. It is used to decrease inflammation in various different diseases and conditions.

Kenalog is given by injection into the muscle of the buttock in situations where a lasting corticosteroid effect is needed. The triamcinolone is slowly absorbed into the bloodstream from the area, so one injection produces an effect for about three weeks.

Kenalog can be used for asthma or hay fever (seasonal allergic rhinitis) and inflammatory or allergic skin disorders. This medication can also be useful for treatment of sinusitis.

The following are some of the basic side effects that are known to be associated with this medication. Just because a side effect is stated here does not mean that all people using this medicine will experience that or any side effect.

- Raised blood sugar level.
- Possible increased appetite; possible weight gain.
- Bruising or dimpling at the injection site.
- Effects on the skin such as thinning and change in pigmentation.
- Muscle weakness or wasting.

**If you have any questions regarding this medication or any side effects, please call the office at 309-585-0370**