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### Instructions for Minor Procedures

Your appointment for the minor procedure will take approximately 15-30 minutes.

**Please stop taking these medications 1 week prior to surgery: any anticoagulants/blood thinners including Coumadin, Plavix, Aspirin, Motrin, Fish Oil, and Ibuprofen. Tylenol is fine to take.**

On the day of procedure please wear comfortable clothing. You will be taken into a treatment room and be set in a procedure chair. The staff will have you sign a consent form for the procedure and then they will cover the area to be worked on with sterile towels. Then your skin will be cleaned with alcohol. The doctor will come in and inject numbing medicine (a local anesthetic) into the area to be worked on. Once area is numb the doctor will remove the lesion. The lesion will be sent to pathology to determine the diagnosis. Once the lesion is removed the doctor will close the wound with dissolvable sutures and either sutures or dermabond will be applied to close the incision.

#### **IF DERMABOND IS USED:**

The film from the Dermabond will stay present for approximately 5-10 days and will naturally begin to fall off the skin. Do not scratch, rub, or pick at the Dermabond adhesive film. Do not apply tape directly to Dermabond. Do not apply ointment of any type to the Dermabond. You may occasionally and briefly wet you wound in the shower or bath. Do not soak or scrub you wound. You may gently blot the area after showering. After the Dermabond Sloughs off, keep area moist with vitamin E cream for 2-3 weeks. Protect the area from sun for the next year using sun protection factor of 30 or higher. If any aspect of the healing is unsatisfactory one year postoperatively, please contact us so that we may re-examine the area.

#### **IF SURGICAL SUTURES ARE USED:**

You will be brought into the office for suture removal after 7-10 days.

**If you have any questions or problems please feel free to call our office at 309-585-0370.**