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DIRECT MICROSCOPIC LARYNGOSCOPY WITH OR WITHOUT BIOPSY

A direct microscopic laryngoscopy (with or without biopsy) is a procedure done for a variety of different reasons. Many times the actual vocal cords will be evaluated and biopsied, but sometimes the biopsies will be done in areas adjacent to the vocal cords. Patients are placed under a general anesthetic and placed in a laying down position with the head slightly extended. A telescope is placed through the mouth and with use of an operating microscope the entire throat and affected area is magnified and evaluated. If there is a tumor, cyst or mass these will be biopsied and removed during this procedure.

The procedure usually takes about ½ hour to complete. Patients are in recovery room for about 1 hour after surgery to allow the anesthetic to wear off.

Patient needs to have nothing to eat or drink after midnight day of surgery.

For 7 days prior to surgery and 7 days following surgery, do not take any aspirin or aspirin products, including Alka-Seltzer, Aspergum, Ibuprofen, Advil or Motrin. Please also stop any blood thinners including Coumadin and Plavix. Tylenol is permitted. Please call your pharmacist with any questions.

Postoperative pain is usually mild and is in the form of a sore throat. Postoperative pain is usually treated with plain Tylenol or Tylenol with Codeine. Please call our office if pain is not being managed by either of these.

Patient's may note some hoarseness after procedure.

Postoperative instructions will be given to you at the time of the surgery. If the vocal cords are biopsied directly, voice rest for 3-7 days is recommended. We strongly discourage any smoking or alcohol after procedure. If biopsies are done in adjacent areas, but not including the vocal cords, there will not be any voice rest precautions to follow.

No diet restrictions. Recommend advancing diet as tolerated.

Please call our office with concerns for bleeding, severe pain, trouble swallowing, fever greater than 101.5F or other concerns.